



# UR MIND, BODY, SOUL



## 3 Days 2 Nights Premium Wellness Package

Experience the ultimate wellness retreat for your mind, body and soul in the heart of Kuala Lumpur. The RuMa Hotel and Residences is pleased to present the special limited collaboration package with Prince Court Medical Centre. The 3 Days 2 Nights Premium Wellness Package includes:

- 2 way transportation: Airport – Hotel – Airport
- 2 nights luxury accommodation in The RuMa Hotel and Residences
- 2 way transportation: Hotel – Prince Court Medical Centre – Hotel
- 1 Premier Health Screening and 3 course set lunch for two persons at Prince Court Medical Centre
- 2 to 3 course set healthy dinner at Hotel
- 1 wellness activity (Sunrise Yoga) at Hotel

### Wellness Activities with Supplement Add-ons:

- Pro-Sleep Massage (*Per Person*)
- Dusun Inan Massage (*Per Person*)
- M3 Treatment (*Add-on to UR SPA Treatment for 2 Persons*)
- Sound Healing (*1 hour for 2 persons*)
- Pilates (*50 minutes for 2 persons*)

### \* Aesthetic Wellness Treatments:

- Plinest Skin Rejuvenation
- Forever Young Stem Cells
- Ultherapy Skin Tightening & Lifting
- CoolSculpting Fat Reduction

Package rates from RM3,950+ and valid from 15 September 2022 till 29 December 2023.

### Terms & Conditions:

- Prices are subject to 6% prevailing tax
- Full deposit is required upon reservation confirmation
- Reservation must be confirmed at least 7 days in advance
- Guest must fill up the registration form from Prince Court Medical Centre with full details and return to Hotel prior to arrival

For reservations or enquiries, please email [reservations@theruma.com](mailto:reservations@theruma.com).

### The RuMa Hotel and Residences

7 Jalan Kia Peng, 50450 Kuala Lumpur, Malaysia  
www.theruma.com - T +60 3 2778 0888

A LUXURY HOTEL  
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