



**KPJ DAMANSARA**

**SPECIALIST HOSPITAL**



**HEALTH  
SCREENING  
HEALTH TOURISM**

**Care for Life**

# HEALTH SCREENING

## CATCH IT BEFORE IT CATCHES YOU

Health screening helps you discover an illness or condition even if you feel perfectly healthy, and without any signs of disease. Early detection, followed by treatment and proper post-treatment care can result in better outcomes, and lowers the risk of serious complications. It is therefore important to get yourself screened even if you feel perfectly healthy.

## PRE-SCREEN DOS AND DON'TS

- Fast for at least ten hours. Please refrain from consuming food the night before your appointment. Drinking of plain water is permissible.
- For ladies – Pap smear, urine and stool tests should be done five days after the last day of menstruation.
- If you are menstruating on the day of your appointment, please inform the nurses on arrival. You will not be able to do your urine, stool and Pap smear tests because the presence of blood in these tests would produce inaccurate results. The Pap smear test can be arranged to be done on the day of your review.
- Fasting is mandatory for patients who will be taking the ultrasound abdomen test. While taking the test, you may feel some slight discomfort and the conducting gel may feel cold and wet.
- Before undergoing a pelvic ultrasound, you will be required to drink several glasses of water. Please avoid urinating for about one hour prior to the examination time. When the bladder is full, it forms a convenient path, known as the acoustic window, for the ultrasonic waves.
- Do not wear any deodorant, perfume, powder or cream under your arms or chest area as it may interfere with the quality of the mammogram.
- If you are taking the treadmill test, bring along an additional change of clothes and appropriate footwear. Avoid caffeine a day before taking the stress test.

# PROCEDURES OF SCREENING

1



Assessment

2



Registration 8.30 am  
(First come, first served)

3



Complete Forms

4



Second Appointment

5



Refer to Respective  
Services (Laboratory, DIS, SPD)

6



Payment (Cash/Guarantee Letter)

## SECOND VISIT

- Second visit by appointment for consultation, physical examination, and review of results by Specialist Consultant or Wellness Doctor.
- Medical result will be released on 2<sup>nd</sup> visit after consultation.
- Summary report will be ready for collection upon receiving SMS from hospital.

## TERMS AND CONDITIONS

- Screening report is valid for 6 months from the date of issue.
- Second appointment with the Specialist Consultant or Wellness Doctor must be completed within 6 months of the first screening appointment.

## NOTES

- Under the Private Healthcare Facility Services Act and Regulation, no medical records shall be seen, reviewed or held by other party unless with a written consent by patients for medical records purposes only.
- All medical report will be given directly to patient. A copy of report will only be given to company with a signed consent letter from the patient.

# WELLNESS BASIC

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Chest X-Ray

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME

## TYPED EXECUTIVE MEDICAL REPORT



**£ 82**

Medical Officer

**£ 99**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# WELLNESS ESSENTIAL

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Chest X-Ray
- Ultrasound Abdomen
- Ultrasound Pelvis

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME

## TYPED EXECUTIVE MEDICAL REPORT



**£ 146**

Medical Officer

**£ 162**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# WELLNESS PREMIUM

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Chest X-Ray
- Stress Test
- Ultrasound Abdomen
- Ultrasound Pelvis

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME
- 5 Types Cancer Marker Test

## GLYCOSYLATED HAEMOGLOBIN (HBA1C)

## NUTRITIONAL SCREENING BY DIETITIAN

## TYPED EXECUTIVE MEDICAL REPORT



**£ 288**

Medical Officer

**£ 327**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# FEMALE COMPREHENSIVE (BELOW 40 YEARS OLD)

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Chest X-Ray
- Ultrasound Abdomen
- Ultrasound Pelvis
- Ultrasound Breast

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME

## GLYCOSYLATED HAEMOGLOBIN (HBA1C)

## PAP SMEAR (THIN PREP)

## TYPED EXECUTIVE MEDICAL REPORT



**£ 197**

Medical Officer

**£ 278**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher



# FEMALE COMPREHENSIVE (ABOVE 40 YEARS OLD)

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Chest X-Ray
- Ultrasound Abdomen
- Ultrasound Pelvis
- Ultrasound Breast
- 3D Mammogram
- Bone Densitometry
- Stress Test (Treadmill)

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME

## GLYCOSYLATED HAEMOGLOBIN (HBA1C)

## PAP SMEAR (THIN PREP)

## TYPED EXECUTIVE MEDICAL REPORT



**£ 353**

Medical Officer

**£ 408**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# HEART SCREENING

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

- Electrocardiogram (ECG)
- Echocardiogram (ECHO)
- Stress Test (Treadmill)
- Chest X-Ray

## BLOOD & URINE TEST (GP59H)

- Diabetes screening
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis B)
- Hemoglobin (Hb)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- HBA1C
- Urine FEME

## TYPED EXECUTIVE MEDICAL REPORT



**£ 256**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# LIVER SCREENING

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## DIAGNOSTIC / RADIOLOGY TEST

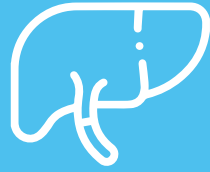
- Electrocardiogram (ECG)
- Chest X-Ray
- Ultrasound Abdomen

## BLOOD & URINE TEST (GP61C)

- Blood Group (ABO & Rh)
- Hemoglobin (Hb)
- Glucose Fasting
- Urea
- Uric Acid
- Sodium
- Calcium
- Phosphorus
- Hepatitis Screening (Hepatitis A & B)
- VDRL Screening (Syphilis)
- Thyroid Screen (T4)
- Renal Profile
- Lipid Profile
- Liver Profile
- ESR (Erythrocyte Sedimentation Rate)
- Urine FEME

## FIBROSCAN

## TYPED EXECUTIVE MEDICAL REPORT



**£ 168**

Medical Officer

**£ 185**

Consultant Specialist



**COMPLIMENTARY**

- Meal Voucher

# PRE-EMPLOYMENT SCREENING

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## BODY ANALYSIS / VITAL SIGNS

- Height, Weight
- Body Mass Index (BMI)
- Blood Pressure
- Vision Test (Snellen chart)

## RADIOLOGY TEST

- Chest X-Ray

## LABORATORY TEST

- Urine FEME



**£ 21**

Medical Officer

# WELL WOMAN SCREENING

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Ultrasound Pelvis  
(package with specialist only)
- Post Interpretation of Medical Report

## LABORATORY TEST

- Pap Smear (Thin Prep)



**£ 32**

Medical Officer

**£ 64**

Consultant Specialist

# PROSTATE SCREENING

## MEDICAL CONSULTATION

- Medical History
- Physical Examination
- Post Interpretation of Medical Report

## DIAGNOSTIC TEST

- Uroflometry (Urine Flow Rate)
- Ultrasound Pelvis

## BLOOD & URINE TEST

- Prostate Test (PSA)
- Urine FEME



**£ 87**

Medical Officer



mon - fri 8.30am - 5pm  
sat 8.30am - 12.30pm



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