## KPJ Tawakkal kl Specialist Hospital

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## PREMER SCREENING \& WELLNESS CENTRE PACKAGE

## WELLNESS CENTRE ABOUT US

Feeling healthy does not necessarily mean that you are healthy as some dieseases do not present any signs or symptoms until it is too late. In most major dieseases, early detection can make a huge difference between life and death; the earlier the detection the more effective the treatment leading to better outcomes for the patent.

## SERVICES

We offer the following services:

- General Executive Package (Basic)
- General Executive Package (Plus)
- Well Men Package (Below 40 years old)
- Basic Women Screening Package (Pap Smear only)
- Well Women Package (Below 40 years old)
- Premier Men Package (Above 40 years old)
- Premier Women Package (Above 40 years old)


## OPERATING HOURS \& APPOINTMENT

Wellness Centre, Level 6, KPJ Tawakkal Specialist Hospital
Operation Hours

| Monday to Friday | $: 8.30$ am to 5.00 pm |
| :--- | :--- |
| Saturday | $: 8.30$ am to 12.30 pm |
| Sunday | $:$ Closed |

Appointment
Call : +03-4026 7777 ext no. : 6054 / 6055
Email : ktsh.wellness@kpjtawakkal.com

## GENERAL ADVICE / INFORMATION SCREENING PROGRAM

- You are advised to fast from midnight before the day of appointment.
- You are however encouraged to drink plenty of plain water.
- If you are on any prescribed medication, please continue your medications as directed by your doctor (take with plain water only)
- For female candidate, if you are pregnant or suspected to be pregnant you are not recommended to do the x-ray.
- Kindly inform our staff if you have any health problems or any medical issues.
- Please avoid bringing expensive valuables with you during the health screening.
- You will be provided with light refreshments once your blood has been taken by the laboratory and after completing the ultrasound abdomen examination.
- Please wear appropriate exercise attire and footware for Stress Test.


## ADVICE FOR WOMEN

- Please inform the medical staff you are pregnant or suspected to be pregnant as x-rays, bone scans and mammograms are not recommended.
- X-rays are not recommended for those who has a similar x-ray less than 6 months.
- You will be required to put on a gown and advised to remove your jewelleries and bra before scanning.


## ADVICE ON MAMMOGRAM

- Avoid this examination if you are, or may be pregnant.
- Do not use talcum powder or deodorant before your examination.
- If you had mammogram results, you should arrange for the examination approximately one week after your last day of menstruation.
- This examination is done using a specifically designed $x$-ray machine with a low dose x -ray radiation to visualize your breast tissue and to detect any breast mass or calcification that is highly correlated to breast cancer.


## ADVICE ON PAP SMEAR

- Appointment should be made around at least 3 days after your last menses.
- Please inform Wellness staff or reschedule appointment if you are menstruating on the appointment date because the result of the Pap smear will be inaccurate.


## WELLNESS CENTRE PACKAGES

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## GENERAL EXECUTIVE SCREENING BASIC

- Blood Executive Profile (GP61M)
+Full Blood Count +Kidney Function Test +Syphilis Screen (VDRL) +Diabetic Screen (FBS) +Hepatitis A IgG
- Chest X-Ray
- Electrocardiogram (ECG)
- Consultation \& Physical Examination by Wellness Doctor
- Medical Report
- Light Refreshment
$£ 70$ GBP


## GENERAL EXECUTIVE SCREENING PLUS

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- Blood Executive Profile (GP61M)
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+Full Blood Count +Blood Group
+Kidney Function Test +Liver Function Test
+Syphilis Screen (VDRL) +Thyroid Screen (TSH)
+Diabetic Screen (FBS) +Rheumatoid Arthritis Screen
+Hepatitis A IgG +AIDS (HIV) Screen

- Chest X-Ray
- Lung Function Test
- Exercise Stress Test (EST)
- Consultation \& Physical Examination by Wellness Doctor
- Medical Report
- Light Refreshment
+Urine Analysis (FEME)
+Lipid Screen Test
+Hepatitis B Screen
- Medical Report
- Light Refreshment

Analysis (FEME)
Lipid Screen Test
+Hepatitis B Screen
+Blood Group
+Liver Function Test +Thyroid Screen (TSH) +Rheumatoid Arthritis Screen +AIDS (HIV) Screen

- Chest X-Ray
- Ultrasound Abdomen Pelvis
- Mammogram
- Electrocardiogram (ECG)
- Pap Smear (optional)


## E180 GBP

## WELLNESS CENTRE PACKAGES

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## WELL MAN SCREENING (BELOW 40 YEARS)

- Blood Executive Profile (GP61M)
+Full Blood Count +Kidney Function Test +Syphilis Screen (VDRL) +Diabetic Screen (FBS) +Hepatitis A IgG
- Chest X-Ray
- Ultrasound Abdomen Pelvis
- Electrocardiogram (ECG)
- Lung Function Test
- Consultation \& Physical Examination by Wellness Doctor
- Medical Report
- Light Refreshment
+Blood Group
+Liver Function Test +Thyroid Screen (TSH) +Rheumatoid Arthritis Screen +AIDS (HIV) Screen
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## WELL WOMEN SCREENING (BELOW 40 YEARS)

+Urine Analysis (FEME)
+Lipid Screen Test
+Hepatitis B Screen

- Blood Executive Profile (GP61M)
+Full Blood Count
+Blood Group
+Liver Function Test
+Thyroid Screen (TSH)
+Rheumatoid Arthritis Screen +AIDS (HIV) Screen
+Syphilis Screen (VDRL)
+Diabetic Screen (FBS)
+Hepatitis A IgG
- Chest X-Ray
- Ultrasound Breasts
- Electrocardiogram (ECG)
- Pap Smear (optional)
- Consultation \& Physical Examination by Wellness Doctor
- Medical Report
- Light Refreshment
+Urine Analysis (FEME) +Lipid Screen Test +Hepatitis B Screen


## PREMIER MAN SCREENING (ABOVE 40 YEARS)

- Blood Executive Profile (GP61M)
+Full Blood Count +Kidney Function Test +Syphilis Screen (VDRL) +Diabetic Screen (FBS) +Hepatitis A IgG


## +Blood Group

 +Liver Function Test +Thyroid Screen (TSH) +Rheumatoid Arthritis Screen +AIDS (HIV) Screen- Chest X-Ray
- Ultrasound Abdomen Pelvis
- Electrocardiogram (ECG)
- Lung Function Test
- Exercise Stress Test (EST) (optional)
- Consultation \& Physical Examination by Wellness Doctor
- Medical Report
- Light Refreshment
+Urine Analysis (FEME)
+Lipid Screen Test
+Hepatitis B Screen

